

Briefing on Space Brother Food and Health



8-30-2021

The space brothers have very few health issues. Their technology allows them to stay in perfect health from birth to death. Their focus is on prevention; whereas on earth, our focus is on curative medicine for "profit". The 4 planets I am in contact with do not have Industrial Smog, Atomic Radiation, Fumes. Gasses, or Stinking Garbage Dumps. They recycle all organic and inorganic materials. Their food and health systems are non-profit prevention based. Unlike on earth they don't strip their planet's soil bare of organic minerals, vitamins and trace elements. The ETs strictly define "organic" as minerals, vitamins and trace elements as *having passed through the digestive systems of plants*. They make a distinction between inorganic (dead) and organic (alive) minerals, vitamins and trace elements. They say our human bodies can not change inorganic minerals, vitamins and trace elements into organic. Only plants can do that. They say adding in-organics to our food supply, just to name a few, is the cause of obesity, mental issues, heart/skin/blood problems, cancers and tumors. When these "in-organics" accumulate in our blood and flesh then a myriad of human diseases erupt in our bodies. Like earth they rotate crops. However they use no inorganic fertilizers, sprays or preservatives on their foods. They don't rake leaves. They let old vegetation naturally decay. Currently our earth scientists say there is no difference between "*inorganic and organic minerals, vitamins and trace elements*". The facts are since the early 1900's big money interests have adopted theories and rules without sufficient laboratory research in agriculture and medicine. Thus began the never ending rise of mental and physical diseases around the world.

The ET farms have buildings that are miles long and wide. They grow their crops in an organic jelly-like substance under very strict scientific controls. These buildings are of a natural stone based construction with transparent tops. They

are similar to our greenhouses but with advanced technology which is controlled by botanists, chemists and food technicians. They have no parasitic or insect issues due to the fact that plants are nourished with pure organic minerals, vitamins and trace elements. This produces in plants their own natural defenses thus eliminating the need for fertilizers, weed or pest sprays. Healthy plants grown in "this" fashion require no assistance. When the crop is ready for harvest they are transferred to the food processing buildings. Here the crop is placed in huge vats of liquid for the "steeping process" which lasts for a few minutes depending upon the crop involved. Afterwards, the crop is placed upon huge conveyor belts and a "blue-white" radiation is applied for a few seconds. After being processed the fresh food is ready for storage or shipping. Their foods will keep indefinitely (30-35 years) and no preservatives or refrigeration is needed. The food is always fresh even after 35 years of storage. This is due to the organic minerals, vitamins and trace elements being processed a certain way. Next the ET public goes to the distribution centers (Grocery Stores) and they select the foods they want to eat. By protecting the nutritional value of the food they aid in the acid and alkali balance within the ET blood system. By maintaining this balance their bodies are able to self repair and the aging process is almost rendered mute. Also, if trouble does arise they use medical rays which can regenerate damaged organs and tissues and other biological systems. Keep in mind that the Space Brothers do not have money nor a governmental structure. Their culture is best described as theocratic rule with the dominant mode of communications being telepathic.

The ETs do not bleach or spray their grains. Their wheat and corn grains are about 3 times the size of earth's. Their bread is dark and rich and made from whole grains. Before cooking their grains will keep indefinitely too. They do not use extremes of hot and cold in preparing their food and drink. They don't boil, fry or overcook their foods. They use no preservatives. Their drinks are made from fresh fruits, vegetables and warm roasted grains. They have a vast array of vegetable soups and meat like vegetables. They never over cook their food. They don't drink milk and say that it is fine for calves but not great for humans. The calcium content in cow's milk is not always readily assimilated by the human body. This is due to the imbalance of phosphorus; rather than making it available for bodily use, it precipitates the calcium in the digestive system. If milk is to be given to babies then a acidofilac like orange or lemon juice should also be given. All ET food is cooked from the inside out in a second or two. They have many fruit and vegetable drinks. Jams, sweets and nut grain spreads are made with honey and other natural syrups. They only eat "meat" in emergencies. They use no refined sugar. However, salt is lightly added to some of their gain spreads. They say the main problem on earth is that the food industries spray, bleach and kill all the organic minerals, vitamins and microbes in the soil. This also happens during processing and storage. They say the *earth physicians of tomorrow will be dietitians*. Actually, obesity is really a sign of starvation where the body stores inorganic minerals, vitamins and trace elements as fat. That is, contrary to appearances, these people are *unable to expel inorganic waste from their bodies*. Their bodies are simply not able to self repair their systems. Why? Because all the good organic minerals, vitamins and trace elements, are being used to maintain life support. There is no capacity to repair damaged blood or tissues. Once again, they say that if inorganic minerals, vitamins and trace elements do not pass through the digestive systems of plants and good microbes, then they can not "change" into an organic state that the human body can use.

There is overwhelming testimony of the cumulative effects on our food: that preservatives, chemicals and poisons added to our food supply by manufacturers and processors for profit have seen an explosion in diseases. Many curative medical theories and rules have been proven unsound and unreliable. For example, adding inorganic sodium fluoride to our water supply in the name of tooth decay impacts

the left lobe of the rear occiput or the center of human will power. The public becomes more submissive and docile to authorities who promote fake news as truth. Resistance is weakened. The public becomes more easy to control by way of the media. Hence, the rise of the election disputes in the United States, or the rise of anti-mask or vaccination movements. Not only this, but it inhibits the flowering of the "psychic or 6 sense" within the pineal gland (conarium, epiphysis cerebri). That is, "inorganic sodium fluoride" added to our water supply weakens human free will and prevents psychic development in human beings. In short, our "bullshit detectors are shut off". Hitler and the Nazi party was well aware of this fact. On the other hand, naturally occurring organic fluorine in foods "do" prevent tooth decay. Many anthropologists upon discovering isolated tribes; with no contact with the outside world, have found that in almost all cases, little or no tooth decay was found. Not only this, but many of the common diseases of the modern world were also absent. Why? The ETs say two things: 1.) Their soil has a much higher concentration of organics, and 2.) Our Pharmaceutical, Chemical, Agriculture and Health Industries are guilty of failed science. These industries would suffer huge financial losses if mankind would return back to an organic state of food production. They point out that many health research groups depend on "not" finding cures. It took America less than 13 months to come up with a vaccine for Covid-19. And yet heart and cancer research has been going on for more than a 100 years. They say our ivory towered degrees and titles of status are meaningless failed science. The hubris of these industries will lead to a world wide food shortage. They fear our current monetary approach to science and politics is holding us back from becoming a productive member of our solar system. "It pits the haves against the have-nots' ". It is economic genocide against our sick and poor brothers. They insist that the *for profit model of science*, along with *global warming*, will lead to our extinction. They maintain that the non-profit model for science is the only sane approach to our food and health care problems. They believe that we can eat a sufficient quantity of food and yet still suffer from inadequate nutrition. I am informed that a plant possessing an ample supply of proper organic nutrients can provide itself with natural insecticides in the form of sugars, gums, waxes, resins and acids and alkali compounds.

The key takeaway is that all minerals, vitamins and trace elements must first be digested by fruits, vegetables, grains, microbes or other vegetation before the human body can use them as food. They say our scientific conception of food is wrong; and that the big money pharmaceutical, chemical, agriculture and health industries fear the loss of wealth and power change would bring. These earth industries say that there is no difference between organic and inorganic minerals, vitamins and trace elements. This seems very similar to big tobacco's nicotine denials or big oil's global warming denials. Not to mention nuclear power denials of increased cancer rates. The facts are almost all industries when faced with the prospects of change "*lie and act unethically*" to preserve the loss of wealth and power change would bring. Finally, the ETs say that our world's soil is exhausted. Our current commercial fertilizers are deficient in the right minerals and elements plants need for proper growth. For more information about this problem I refer the reader to Volume Two of G. H. Earp-Thomas publication titled "*Cause of Disease Is Overcome By A New Concept Of Complete Nutrition*". The ETs say if we follow his guidelines then mankind will witness a drastic decline in diseases and landfills. I hope this briefing will help you in your deliberations.